



Cookridge Primary School

Tinshill Drive, Leeds, LS16 7DH

Headteacher, Mrs L Hunter

Tel. 0113 3862500 Email: info@cookridge.leeds.sch.uk

<http://cookridgeprimaryschool.co.uk>

Dear Parents and Carers,

You will be aware that, as a part of your child's educational experience at Cookridge Primary School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

From September 2020 the Department for Education is making Relationships and Health Education compulsory in all primary schools.

What does the new guidance mean?

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding, stereotypes and healthy relationships. Learning about the emotional, social and physical aspects of growing up, will give children and young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being.

As with all statutory subjects, there is no right to withdraw from Relationships Education or Health Education or any content from the Science curriculum. This means that pupils cannot be withdrawn from lessons on the Changing Adolescent Body. Parents have the right to request that their child be withdrawn from some or all of the Sex Education delivered in Year 6 only (conception and birth) following discussions with the Head Teacher.

How will this be delivered?

All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values and is reviewed regularly.

All teaching in PSHE will take place in a safe learning environment and be underpinned by our school's vision and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

Most lessons will be taught in mixed gender classes, apart from the Year 4 unit of Health and well being: Growing and Changing/Puberty, which will be taught in same sex classes to allow for children to ask questions and learn about content appropriate to their own changing bodies.

Suggestions and questions

It is important that there is an open conversation between parents and school to ensure that the children are given the best PSHE and RSE provision possible.

We would like to gain views and opinions from you to inform how the school's Relationship and Sex Education Curriculum will be taught. We encourage any feedback and suggestions which





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could be reflected in our policy, as well as any questions that you, as parents, may have about the new guidance or coverage.

- > What are your thoughts on our current curriculum for RSE and personal, social, health and economic (PSHE) education? Do you think this curriculum meets your child's needs?
- > What do we do well? What could we do better?
- > Is there anything we're not covering that you think we need to address?
- > Is there something we could cover more/less?
- > What do you think about the way we intend to deliver RSE to pupils?
- > As a parent, do you feel like you need more information or guidance on specific topics?

Further information on the new statutory requirements is available on:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

<https://www.gov.uk/government/news/relationships-education-relationships-and-sex-education-rse-and-health-education-faqs>

<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

All of our PSHE/RSE resources are currently on our school website and the parent consultation page is now live for you to comment on the teaching of PSHE. I strongly recommend you read the school PSHE policy and the Relationships policy first, as it may answer the questions you had already.

The forum will be available for you to comment/make suggestions until: **Friday 18th September 2020**

Please email the school office if you are having any problems info@cookridge.leeds.sch.uk

Yours Sincerely

Chloe Brophy/Clare Devine

PSHE co-ordinators.

