



Cookridge Primary School

Tinshill Drive, Leeds, LS16 7DH

Headteacher, Mrs L Hunter

Tel. 0113 3862500 Email: info@cookridge.leeds.sch.uk

<http://cookridgeprimaryschool.co.uk>

Dear Parents and Carers,

As a part of your child's education at Cookridge Primary School we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next 4 weeks, starting 23.06.23, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Lessons in year 5/6 will include pupils learning about Healthy relationships, including friendships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence and for Year 6 only – how babies are made.

Pupils will also have opportunities to ask questions and educate themselves on how to become tolerant and respectful adults in our community. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

Please visit the school's website:

<https://www.cookridgeprimary.co.uk/homepage/statutory/curriculum-offer/dwf-preparing-pupils-for-the-world-of-work/> for more detail about our PSHE curriculum. The school website gives you the opportunity to read about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home

All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

If you would like to find out any more information, then please feel free to get in contact.

Yours sincerely,

Mr Kershaw

Our school is committed to safeguarding and promoting the wellbeing of all children, staff and visitors. In order to sustain high levels of safeguarding, visitors and volunteers are expected to share this commitment.

