

What's

ON THE

MENU?

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal	Cheese & Tomato Pizza	Chicken Burger in a Bun	Sliced Chicken Seasoning Rich Gravy	Butchers Sausage With Thick Gravy	Fish Fingers
Vegetarian	Cheese & Tomato Pizza	Quorn Burger in a Bun	Quorn Fillet With Rich Gravy	Quorn Sausage With Thick Gravy	Cheese Flan
Carbohydrate	Chips	Herby Potato Wedges	Roast Potatoes	Mashed Potato Yorkshire Pudding	Chips Bread
Vegetables	Beans	Peas & sweetcorn	Cabbage and Carrots	Seasonal Vegetables	Mushy Peas & Beans
Salad / Fruit	Crispy salad Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Pudding	Jammy Jacks	Iced Cake	Fruit Platter	Chocolate Sponge and Custard	Yoghurt and Biscuit
Additional Items	Fresh Water Yoghurts	Tomato sauce Fresh Water Yoghurts	Fresh Water Yoghurts	Fresh Water Yoghurts	Fresh Water Yoghurts

What's

ON THE

MENU?

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal	Cheese & Tomato Pizza	Macaroni Cheese and Bacon	Roast Gammon Seasoning Rich Gravy	Chicken Curry Wrap	Fish Fingers
Vegetarian Meal	Cheese & Tomato Pizza	Macaroni Cheese	Quorn Fillet Seasoning Rich Veg Gravy	Quorn Curry Wrap	Omelette
Carbohydrate	Potato Wedges	Garlic Bread	Yorkshire Pudding Roast Potatoes	Wraps Rice	Oven Chips
Vegetables	Beans	Broccoli and Carrots	Cabbage and Carrots	Crunchy Vegetable Salad	Baked Beans Garden Peas
Salad / Fruit	Crispy salad Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Crisp Salad Fresh Fruit	Fresh Crisp Salad Fresh Fruit
Pudding	Oatie Fruit Crumble and sauce	Queen of Heart Biscuit	Lemon Shortbread	Fruit Jelly	Ice Cream
Additional Items	Fresh Water Yoghurts	Fresh Water Yoghurts	Fresh Water Yoghurts	Fresh Bread Fresh Water Yoghurts	Fresh Bread Fresh Water Yoghurts

What's ON THE MENU?

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal	Cheese & Tomato Pizza	Chicken Curry and Rice	Roast Turkey Seasoning Rich Gravy	Pork Meatballs in Tomato Sauce	Fish Friday Fish Fingers
Vegetarian	Cheese & Tomato Pizza	Quorn Curry and Rice	Quorn Fillet Seasoning Rich Gravy	Vegetable Balls in Tomato sauce	Vegetable Nuggets
Carbohydrate	Baked Jacket Wedges	Boiled Rice Naan Bread	Roast Potatoes Yorkshire Pudding	Pasta Twists Crusty Bread	Chips
Vegetables	Baked Beans	Garden Peas	Cabbage and Carrots	Peas and carrots	Baked Beans Garden Peas
Salad / Fruit	Fresh Crisp Salad Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Crisp Salad Fresh Fruit
Pudding	Treacle Sponge and Custard	Strawberry Mousse	Ice Cream	Chocolate and Orange Muffin with Custard	Oat Biscuit and Fruit Salad
Additional Items	Fresh Water Yoghurts	Fresh Water Yoghurts	Fresh Water Yoghurts	Fresh Water Yoghurts	Fresh Bread Fresh Water Yoghurts