



# Cookridge Primary School

Tinshill Drive, Leeds, LS16 7DH

Headteacher, Mrs L Hunter

Tel. 0113 3862500 Email: [info@cookridge.leeds.sch.uk](mailto:info@cookridge.leeds.sch.uk)

<http://cookridgeprimaryschool.co.uk>

Dear Parents and Carers,

As a part of your child's education at Cookridge Primary School we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next three weeks, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Lessons in Year 4 will include pupils learning about growing and changing, including puberty; personal hygiene; changing feelings and becoming more independent.

Pupils will also have opportunities to ask questions. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

Please visit the school's website:

<https://www.cookridgeprimary.co.uk/homepage/statutory/policies/> to read the Primary RSE policy and guidance document. The school website also gives you the opportunity to read about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home.

All PSHE teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme.

If you would like to find out any more information or have any further questions, then please feel free to get in contact.

Yours faithfully,

Miss Chambers

