



February Half Term

Kids Activity

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Packed full of family
friendly fun activities
and challenges for
everyone!



Trans Pennine Trail



www.transpenninetrail.org.uk

Let's play.....

Nature Bingo



Take a walk in nature and look out for the things
Connor the Caterpillar is looking for.

Cross them off when you find them.



Design your very own...

Nature's Heart



Make a Heart with Hannah the Horse

Take a foraging walk along the Trail to gather berries, pinecones, pine needles & twigs for this creative craft

You will need:

- Cardboard
- Scissors
- Wool or string
- PVA glue or double sided sticky tape
- small leaves, twigs, seeds, grass



- 1 Cut a heart shape out of a piece of cardboard (you may need a grown up to help with this).
- 2 Make a hole at the top of the heart so you can hang it up when finished.
- 3 Time to get creative! Decorate your heart by sticking on your nature treasures (leaves, seeds, grass, flowers etc...) using glue or double sided sticky tape, then leave the glue to dry.
- 4 Thread string or ribbon through the hole that you made earlier, then tie it in a loop so you can hang it up.

You can now hang this up in your house or even give it as a gift to a friend or family member!



Celebrate Pancake Day and...



Make Pancakes

Mandy Mole would love you to help her make some tasty pancakes!

This pancake recipe is perfect to make with the help of a grown up, for Pancake Day or for whenever you fancy a tasty treat!

Ingredients:

- 225g plain flour
- 2 large eggs
- 500ml milk
- Pinch of salt
- Little oil or butter
- Toppings of your choice

Equipment:

- Weighing scales
- Mixing bowl
- Ladle
- Whisk or fork
- Frying pan



- 1 Place the flour in the bowl and make a hole in the middle of the flour and add the eggs.
- 2 Slowly mix the eggs into the flour with a fork or whisk.
- 3 Add the milk to the bowl, a little at a time. Whisk as you go along until all the flour is mixed into the mixture. (You might need a little bit of help from a grown up for this). If you have time, leave the pancake batter to rest for five minutes.
- 4 Add a little butter or oil to a hot frying pan then use a ladle to add some batter to the frying pan. Swirl it around so it covers the base of the pan. Ideally, you want it to only just cover it so your pancakes are nice and thin. **Close adult supervision is needed for this bit.**
- 5 Cook the pancake on a medium heat for a few minutes then flip or turn over when it has come away from the base of the frying pan, and cook for a few minutes on the other side.
- 6 Serve the pancakes with a topping of your choice.
You could use; sugar and lemon, jam, chocolate spread or fruit!



Let's bake some...



Heart Cookies!

Help Bob the Badger make some Valentine's themed cookies!

You will need:

250g butter
250g caster sugar
1 tsp baking powder
400g plain flour
1 tsp vanilla extract
1 egg

250g icing sugar
pink/red food colouring
sprinkles

Equipment

Scales
Mixing bowl or mixer

Mixing spoon
Rolling pin
Heart shaped cutters
Baking tray and baking paper
Wire rack

Make the cookies

- 1** Preheat the oven to 190°C / 170°C Fan / 375°F and line two baking trays with parchment paper
- 2** Chop the butter into small pieces and beat it with the sugar until light and fluffy, then mix in the flour and baking powder; add the egg and vanilla and combine into a smooth biscuit dough.
- 3** Roll the dough to about 5 mm thick, cut out heart shapes with cutters, and place them on the lined trays.
- 4** Bake for 8–10 minutes until golden at the edges, then let the cookies cool on the trays for a few minutes.



Decorate the cookies

- 1** Mix icing sugar with 1–2 tablespoons of hot water until it's smooth and spreadable (runny, but not so thin that it runs off the cookies). Add a drop or two of red or pink food colouring and stir well.
- 2** Pipe the icing using a small piping bag, or spread it on each cookie with the back of a teaspoon.
- 3** Add sprinkles to the iced cookies and leave them on a wire rack to set.

Trans Pennine Trail



Get busy with some...

Half Term Challenges

Can you notice patterns in nature?

Keep your eyes open for shapes all around you.

Spot lines on a leaf, circles in a tree stump, a repeating pattern on a pinecone, and footprints making shapes in mud or snow.

Can you feel different winter textures?

Use your hands (and gloves!) to explore safely.

Feel something smooth like a pebble, something rough like bark, something soft like moss, and something crunchy like frosty grass.

Listen for Winter sounds

Take a quiet moment outdoors and see what you can hear.

Listen for a bird chirping, a leaf rustling in the wind, a dog barking in the distance, and your own footsteps on the ground

Can you spot signs that spring is coming?

Look closely as you walk.

See if you can find a tiny bud on a tree, a patch of fresh green shoots, a snowdrop or early flower, and a bee or insect braving the chilly air.



Can you solve the...

Wordsearch

Can you help Ford the Fox find all the words in the word search?

Look at the puzzle and cross off all the words as you find them!

W B V R G H O L I D A Y
O U T D O O R S J D R U
A U Z H X B L L S W I Q
D T R A I L O F B I N R
V R O B I N Z K W N F X
E G W M N D Y W I T S J
N N X G H E A R T E K U
T P A N C A K E S R R J
U O V A L E N T I N E W
R C U S N O W D R O P S
E L G W E L L I E S T K
N A T U R E A A S X V D



**ADVENTURE
HEART
HOLIDAY
NATURE**

**OUTDOORS
PANCAKES
ROBIN
SNOWDROPS**

**TRAIL
VALENTINE
WELLIES
WINTER**



Read all about Mandy Mole's...

Trans Pennine Trail Adventure

Mandy Mole popped her head out of her burrow and sniffed the fresh morning air. "It's a perfect day to visit the Trail," she said happily.

Clip-clop! Hannah the Horse trotted up the path, her mane shining in the sunshine. Close behind came Bob the Badger, his camera bouncing gently on its strap.

"Ready for another adventure?" Bob the Badger asked, already snapping photos of the flowers beside the path.

As they walked along the Trans Pennine Trail, Mandy Mole noticed something that made her pause. A plastic bottle lay near the edge of the path, and a signpost was covered in muddy handprints.

"Oh dear," Mandy Mole sighed. "The Trail doesn't look very loved today." Hannah the Horse lowered her head gently. "This Trail gives so much to everyone - a place to walk, cycle, ride, wheel, and explore. We should look after it."

Bob the Badger nodded. "If we love the Trail, we show it with our actions." Together, the friends began to help. Mandy Mole gather fallen litter into a bag. Hannah the Horse carefully nudged a loose sign back into place with her nose. Bob the Badger took photos of the Trail looking tidy and bright again.

As they worked, people passed by - families waving thank you, cyclists ringing their bells, and a wheelchair user smiling as the clear path opened ahead. "Look!" Mandy Mole said. "When we care for the Trail, it feels happier."

Hannah the Horse smiled. "Loving the Trail means respecting nature, other people, and the paths we share." Bob the Badger clicked one final photo. "This one's my favourite," he said. "Friends, teamwork, and a Trail full of love."

As the sun warmed the path, Mandy Mole looked around proudly. "The Trail looks after us," she said softly. "And when we love it back," added Hannah the Horse, "It becomes a place where everyone belongs."

The three friends walked on together, knowing that loving the Trail was the greatest adventure of all.



Help Mandy Mole to answer the questions about her adventure.

- 1 Who are the three main characters in this story?
- 2 What problems do Mandy Mole notice on the Trail at the start of the story?
- 3 How do Mandy Mole, Hannah the Horse, and Bob the Badger help to look after the Trail?
- 4 Who do they see using the Trail while they are helping?
- 5 What does the story teach us about how we should treat the Trans Pennine Trail?

Have you enjoyed doing the activities? Let us Know!

We'd love to hear your stories and see your photos! Please send them to us by email or tag us on social media!

When sending in pictures of family enjoying the activities, please confirm you are happy for us to use them in our marketing materials (such as on social media, leaflets and press releases)

Did you know that we can send you a digital certificate for completing the activities?

Interested? Get in touch!

Meet our TPT family



Mandy Mole – small but mighty, always digging up fun surprises along the Trail.

Hannah the Horse – strong and graceful, leading the way on winter walks.

Bob the Badger – dependable and adventurous, ready for frosty explorations.

Rebecca Rabbit – quick and curious, hopping into challenges.

Connor the Caterpillar – bright and cheerful, adding a splash of colour to your activities.

Sophie Squirrel – lively and full of cheer, perfect for treasure hunts.

Ford the Fox – clever and playful, guiding you through puzzles and nature games.

Each Friend has been beautifully redesigned to bring colour, personality and fun to your activities. Together, they'll lead you through festive hunts, wildlife quizzes, and so much more.

Find out more and explore their other fun activities at: <https://www.transpenninetrail.org.uk/children/>

The **Trans Pennine Trail** is a special path that stretches 215 miles all the way across the middle of England, coast to coast, from the Irish Sea to the North Sea!

But that's not all – if you count all the extra routes called spurs, there are 370 miles to explore! It's a giant adventure route where you can walk, cycle, ride horses, use a wheelchair or even push a buggy!

For more information please visit our website, at: <https://www.transpenninetrail.org.uk/>

To find out more about the Trans Pennine Trail go to: www.transpenninetrail.org.uk



If you'd like to make a small donation to the Friends of the Trans Pennine Trail, please scan the QR code:

Trans Pennine Trail



✉ info@transpenninetrail.org.uk

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